



AN ORIGINAL YOU CAN MAKE YOUR OWN

The Slow Morning Book Rest

A fixed-angle rest for a recipe book or notebook, with a low front lip and two simple sloping supports.



14 in W x 9-1/4 in D x approx. 6-7/16 in H

A 1x10 base, 1x8 rest panel, 1x6 supports and a 1x2 lip.

Project visualization. Build to the [dimensioned drawings](#) and [cut list](#).

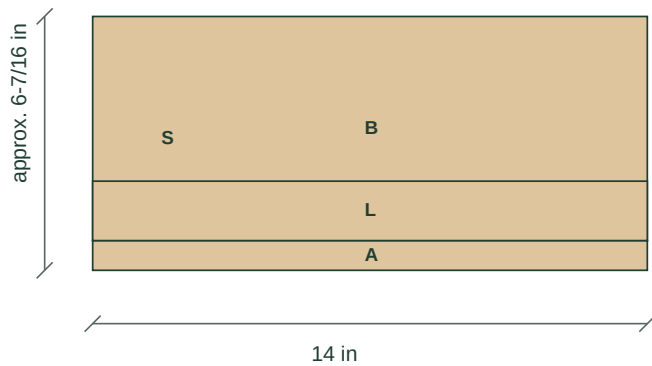


01 / DIMENSIONS

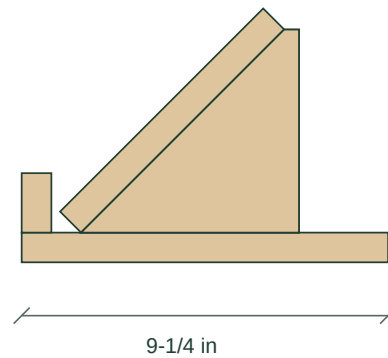
Know the shape. Keep the size.

Dimensioned views show the finished form. Use the cut list and part labels together; drawings are references, not full-size drilling or cutting templates.

FRONT / WIDTH



SIDE / DEPTH



14 W x 9-1/4 D x approximately 6-7/16 H in. B rests at 45 degrees. S starts as a 5-1/2 in square: retain the triangle below the rising diagonal, then trim its upper tip horizontally at 5-1/8 in above bottom. S toes start 1-1/2 in behind A front.

Part key

A: Base / **B:** Sloping rest panel / **S:** Support blanks / **L:** Front lip

Plan note: dimensions and stock layouts checked digitally; not physically built or load-tested. No weight capacity is specified.



02 / SHOPPING AND PARTS

Buy the stock. Label every part.

Choose straight, dry indoor stock. Ordinary pine or whitewood suits the solid parts; use flat, sound plywood where specified. Store names are nominal: measure actual thickness and width.

BUY	QUANTITY / NOTES
1x10 x 2 ft	1 board/offcut for A.
1x8 x 2 ft	1 board/offcut for B.
1x6 x 2 ft	1 board/offcut for both S.
1x2 x 2 ft	1 board/offcut for L.
Hardware	15 x #6 x 1-1/4 in flathead screws: six base-to-support, six panel-to-support, three lip.
Supplies	Glue, sandpaper, finish and thin non-slip pads.

CUT LIST

FINISHED SIZES / INCHES

ID	PART	QTY	STOCK	LENGTH	WIDTH	THICKNESS
A	Base	1	1x10	14	9-1/4	3/4
B	Sloping rest panel	1	1x8	14	7-1/4	3/4
S	Support blanks	2	1x6	5-1/2	5-1/2	3/4
L	Front lip	1	1x2	14	1-1/2	3/4

Stock is the store label; **length, width and thickness** are the finished part sizes. Quantities are individual pieces. Allow for saw kerf and square the ends before measuring.

Tools

Tape, square, pencil, supported saw, drill/driver, clamps and sanding tools. Use eye, hearing and dust protection. Clamp small parts and keep hands clear of cutting and screw paths. Supported jigsaw or guided saw, countersink, square and stopped pilot bits.



03 / CUT AND PREPARE

A clear layout before the first cut.

Each strip is a stock board. Part labels and lengths are in inches. Allow a 1/8 in kerf, square an end first and measure every cut from its new end. Leave spare stock for defects.

1x10 x 24 in



1x8 x 24 in



1x6 x 24 in



1x2 x 24 in



1

Cut A, B, L and support (S) blanks

Keep all rectangular cuts square. Mark the S bottom, front toe and rear edge. A and B share a 14 in left-to-right length but have different board widths/depths.

2

Shape matching supports (S)

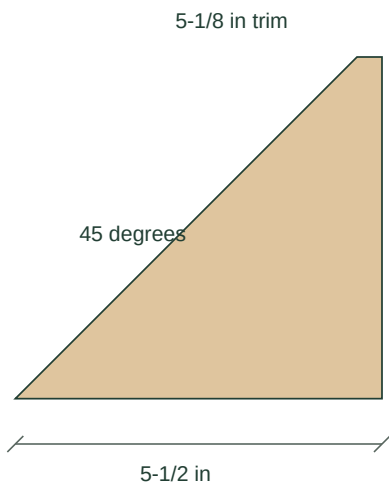
Draw from S front-bottom corner to rear-top corner at 45 degrees. Retain the triangle BELOW that diagonal. Trim the upper point horizontally at 5-1/8 in above bottom. Support and clamp for both profile cuts.



04 / JOINERY AND LAYOUT

Check the joint before assembly.

Use the sketch and the named parts to understand the setup. Hole symbols are schematic; the written dimensions and actual hardware control drilling.

S / SIDE PROFILE - KEEP BELOW DIAGONAL

Blank: 5-1/2 in square.

Trim upper tip horizontally, not with a thickness bevel.

B is 7-1/4 in along its sloped width; it nearly meets the trimmed slope end.

3 Dry-fit S, sloping B and lip (L)

S outside faces sit 1-1/2 in from A ends; toes sit 1-1/2 in behind its front. B lower rear edge begins at the toes and rests on both slopes. L stands at A front. Confirm all contact edges without forcing overlaps.

4 Drill base (A) for S and L

S centre rows: 1-7/8 and 12-1/8 in from left. Along each row mark 2-1/2, 4-1/4 and 6 in from A front. L holes: 2, 7 and 12 in from left, 3/8 in behind front. Countersink underside; pilot receiving edges.



Keep it square as it comes together.

Support the work while clamping or turning it. Use the marked reference edges and the correct screw for each joint; do not swap hardware lengths.

5 Fix supports (S) to base (A)

Glue lower S edges lightly, clamp to marks and drive six #6 x 1-1/4 in screws upward through A. Align toes and keep the thin front tips intact; do not place screws in the tips.

6 Drill and attach sloping rest (B)

Use the same left/right rows on B, with holes 1-1/4, 3-5/8 and 6 in along its slope from the bottom. Glue support slopes, clamp B and pilot perpendicular to its face into S. Drive six screws and inspect contained tips.

7 Fit front lip (L)

Stand L at A front, with front faces flush and its lower edge on A. Glue lightly and drive the last three screws upward from A. A small gap remains between L and B; the parts must not overlap.

Detail to keep in mind

S uses 45-degree profile cuts, not a bevel through its thickness. Trimming the upper point prevents a projecting tip. B top reaches about 6.41 in overall; its supported slope nearly meets the 5-1/8 in trim.

[Fixing reference and setup guidance](#)



06 / FINISH AND INSPECT

Ready for its place in the room.

Let glue and finish fully cure. Inspect the finished project and its installation before everyday use. Correct loose, split or sharp parts first.

8

Finish A, B, S and L

Ease exposed edges while leaving joining faces square. Sand 120 then 180 grit as appropriate, remove dust and test finish on an offcut. Follow finish ventilation and full cure directions. Smooth lip and rest edges to protect book covers. Fit thin non-slip pads under A after the finish fully cures.

9

Inspect and try a modest book

Check the flat base, firm supports and full contact on both slopes. Keep the book centred with its lower edge against L. Separate gentle page clips may be needed; no page-holding mechanism is included.

Use and care

Indoor tabletop use for modest books. No body-weight support or enclosed device charging. Keep liquids/heat away and unload before moving.

Made to keep making.

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